

# Recent Research Involving Music Together

- **University of Minnesota, MN**

This three-year, federally funded (IES) project has the goal of improving student learning by applying recent advances in developmental cognitive neuroscience to create an innovative intervention targeting executive function skills in impoverished preschoolers, particularly those from homeless or highly mobile families. Music Together LLC collaborated with researchers to develop the curriculum adaptation being used.

- **University of California at Los Angeles, CA**

The SEEDS-IT (Strategies for Enhancing Early Developmental Success – Infants and Toddlers) Program is a federally funded (NIAAA) prevention and early intervention program for children with prenatal alcohol exposure between the ages of 1-24 months and their foster parents, adoptive parents, and caregivers. Music Together is one element of this program to support children's emotional and behavioral regulation and to promote positive parent-child relationships.

- **Western Michigan University, Kalamazoo MI**

Western Michigan University's Department of Brain Research and Interdisciplinary Neuroscience, along with two community partner organizations, is using the Music Together program in two 2014-2015 feasibility studies funded in part by the WK Kellogg Foundation: A mother/infant dyad study, *Achieving Academic Readiness for Infants Exposed to Opiates through Co-Regulation: Sensory Integration and the Science of Song*; and a study with preschoolers, *Keeping Promises in Kalamazoo: Achieving Health Equity for Young Children through Trauma-informed Resiliency-focused Connected Systems*.

- **State University of Buffalo, NY**

This randomized controlled pilot study by the Division of Behavioral Medicine, Department of Pediatrics was undertaken to ascertain the effects of an enriched music experience (the Music Together program) on infants' relative food reinforcement. The reinforcing value of food is related to obesity in preschoolers. Infants who participated in the Music Together program showed reduced food reinforcement.

- **Rowan University, Glassboro NJ**

Now in its fourth year, this project is exploring the impact of the Music Together curriculum on parenting practices, family engagement, teacher professional development, and child outcomes in ten Early Head Start classes in Camden NJ.

- **Music Together LLC and Citizens for Citizens, Fall River MA**

Using carefully adapted Music Together activities during home visits, this project is exploring the impact of music on parenting skills, family bonding, and the overall home-visiting experience for both parents and home visitors in an Early Head Start and Head Start home visiting program.

- **Total Learning Initiative, Bridgeport CT**

Since 2008, Music Together classes have been an integral part of a large-scale, federally- and state-funded project designed to bridge the learning gap for at-risk children in preschool classrooms. Having shown music to be a powerful learning tool supporting children's school-readiness, a new phase of this ongoing project began in 2014 to explore Music Together's impact on family engagement.

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